



SUMMER TOUR

2024

FOR
BOYS
AND
GIRLS



SUMMER 2024

WWW.SCNACADEMY.ES

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SPORT COACH NORTE is a comprehensive sports training center where we offer different academic, sports performance, psychological counseling, leisure and recreation services.



01. Who **WE ARE?**

With the **MISSION** of achieving a differential service based on excellence, individualization and professionalism of our services with the aim of optimizing all resources in order to achieve the highest performance.

Our **VISION** is to offer a professional activity based on the quality of our services through innovation and new technologies, always with a close and familiar treatment that helps bring out the best in each user.

02. SCN

Academy

SCN ACADEMY is an international football academy that was created with the aim of offering a comprehensive training service, to promote processes of improvement and adaptation to professional football, through the best professionals in all the areas involved in our sport using all the resources, facilities and new technologies that the football industry offers us.



03. This is our **TEAM**



SPORT COACH NORTE IS FORMED BY PERSONNEL WITH A WIDE BACKGROUND IN THE SPORTS AND PROFESSIONAL FIELD, FROM PROFESSIONAL ATHLETES TO BUSINESS MANAGERS, TO DOCTORS AND GRADUATES IN PHYSICAL ACTIVITY AND SPORTS SCIENCES

“Our main objective is to get the best performance from all athletes and professionals in the sports and business field as well as obtain the maximum potential in the emotional and leadership area through coaching.”

04. S. D.

Ponferradina

"In the city of Ponferrada on June 7, 1922..." This is how the history of S. D. Ponferradina officially begins, on paper... A long journey through the different categories of Spanish football that has left the Club installed today in professional football, being on several occasions just one step away from competing in the highest category.





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The stadium, "El Toralín", municipal ownership, was inaugurated on September 5, 2000, with the friendly match between the local team of Ponferradina and the Galician team of Celta de Vigo, with a result of 0-2, while The first official match was a 1-0 Ponferradina Universidad de Oviedo, on the third league matchday of the 2000/01 Second Division B championship. With the construction of this stadium, the aim was to give Ponferradina a sports space closer to the city center and locate it next to a large part of the municipal sports facilities.

05. What is **SUMMER TOUR?**

Summer Tour is an international summer camp, **DESIGNED FOR BOYS AND GIRLS**, in the facilities of **SCN ACADEMY** and **S. D. PONFERRADINA**, dedicated to professional football.

With a duration of 14 days in which you can enjoy all the magic of a team of professional soccer and compete in the best tournaments in the country against the best players in your category





06. Our **OBJECTIVES**



1. Know the methodology and training dynamics of a professional club in Spain.
2. Analyze and evaluate each player at a technical-tactical, conditional and behavioral level.
3. Implement an individual improvement plan to be carried out upon returning from Summer Tour.
4. Use the facilities and work with a staff from a professional club in Spain.
5. Enjoy a quality active leisure program and a natural environment that is an international biosphere heritage site.
6. Experience competition against the best youth teams in Spain in the best summer tournaments.



07. TECHNOLOGY AND PERFORMANCE



At **SCN Academy** we strive to provide our players with the latest technologies in the sport.

GPS will offer very valuable data for analysis such as:

- The workload of each player per match and training
- Number of actions and distance traveled in high intensity actions
- Comparison between players
- Playing positions and strategies, etc.

The **VIDEO ANALYSIS**, A tool increasingly used every day in all areas of sport. With the recording you can access a large amount of statistical data that will allow the player to improve both their collective and individual performance.



Attendees stay in the facilities that the SCN Academy has in Molinaseca, a town near the city of Ponferrada, where they have all the comforts to make their stay unforgettable. Recently acquired they have:

- Natural grass soccer field.
- Gym.
- Reading and study area.
- Conference hall.
- Wi-Fi/internet zone
- Game's zone.
- Gardened area.
- Multisports court.
- MTB.

08. Stay

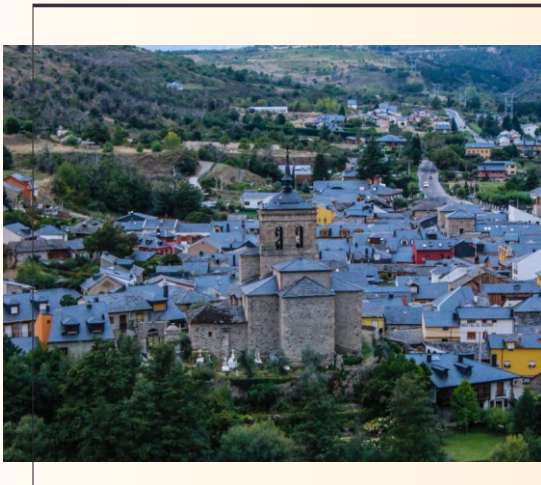


09. Location

In 2020 Molinaseca enters the list of "Most Beautiful Towns in Spain" thanks to its history, landscapes and entertainment.

Molinaseca is a suggestive town with a medieval flavor and a traveling path, which occupies a fertile valley full of fruit trees, meadows and orchards, crossed by the Meruelo River with crystal-clear waters and magnificent trout.

This small town currently has almost 10 centuries of history and is an obligatory stop on the Camino de Santiago for pilgrims traveling to Galicia.





10. SPORTS ACTIVITIES

SCN ACADEMY has a wide catalog of sports activities to offer its athletes. From visits to sports museums of the great La Liga teams to water activities, including training in the modern facilities of the S. D. Ponferradina and those of the SCN Academy.

- Museum of the Spanish football team (RFEF)
- Bernabéu Tour (Real Madrid)
- Atleti Territory (Atletico de Madrid)
- Canoes
- Rafting
- Canyoning
- Hiking
- Gym



11. CULTURAL ACTIVITIES



The cities of Ponferrada and León offer their visitors endless cultural activities with which to enjoy their leisure time.

The Templar castle of Ponferrada.

Las Médulas, former gold mine from Roman times.

The **cathedral of León**, a jewel of Gothic architecture.

The **MUSAC**, museum of contemporary art.

Gastronomy, with an infinite number of dishes to taste.

These are just some of the many cultural visits that can be made.

12. THE BEST



DONOSTICUP
International football tournament



COSTABLANCA CUP



HOLIDAY TOURNAMENT

IBERCUP



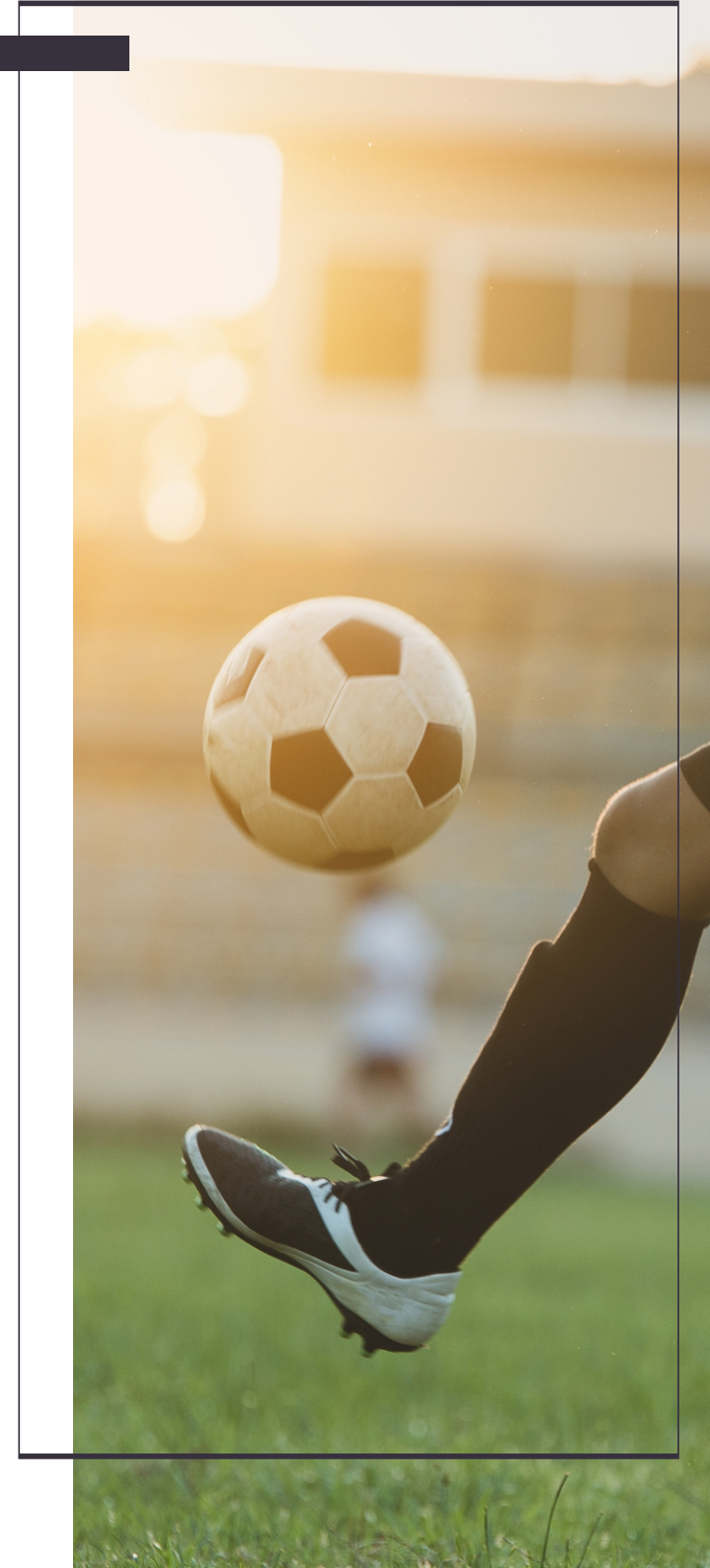
TOURNAMENTS

With Sport Coach Norte and SCN Academy you have the opportunity to compete in the best soccer tournaments held in the country.

The Donosti Cup, Costa Blanca Cup, Asturias International Cup, the Costa del Sol International Cup or the Ibercup are just some of them.

The youth teams of the best clubs in La Liga meet there.

Don't lose this opportunity!



13. PROGRAMMING

SUMMER TOUR 2024



The schedules on the following 4 pages may be modified, based on tournament dates or registration in different tournaments.



THEY ARE FOR GUIDANCE AND ONLY SERVING AS INFORMATION AND EXAMPLE

13. PROGRAMMING

SUMMER TOUR 2024



OPTION 1

From
June 3
to
June 16



WEEK	DAY	MORNING	AFTERNOON
1	MON 3	Pick up at the airport, group organization and planning at the academy	
	TUE 4	Training S. D. Ponferradina	Video analysis / Psychologist
	WED 5	Technique / Gym	Video analysis / Psychologist
	THU 6	Tournament	
	FRI 7		
	SAT 8		
	SUN 9		
2	MON 10	Technique / Gym	Canyoning activity
	TUE 11	Cultural visit to the city of Ponferrada	Rafting
	WED 12	Technique / Gym	Friendly match
	THU 13	Typical food from the Bierzo region	Quad adventure activity
	FRI 14	Technique / Gym	Video analysis / Psychologist
	SAT 15	Visit to the RFEF museum (Madrid)	Atleti territory / Tour Bernabeu
	SUN 16	Airport transfer	

EVERY DAY IN SCN ACADEMY: 9:00 a.m. Breakfast / 2:00 p.m. Lunch / 9:00 p.m. Dinner / 10:00 p.m. Night activity / 0:00 h. Rest

13. PROGRAMMING

SUMMER TOUR 2024



OPTION 2

From
June 17
to
June 30



WEEK	DAY	MORNING	AFTERNOON
1	MON 17	Pick up at the airport, group organization and planning at the academy	
	TUE 18	Technique / Gym	Video analysis / Psychologist
	WED 19	Tournament Asturias International Cup	
	THU 20		
	FRI 21		
	SAT 22		
	SUN 23		
2	MON 24	Technique / Gym	Friendly match
	TUE 25	Cultural visit to the city of Ponferrada	Rafting
	WED 26	Technique / Gym	MTB activity
	THU 27	Typical food from the Bierzo region	Quad adventure activity
	FRI 28	Technique / Gym	Video analysis / Psychologist
	SAT 29	Visit to the RFEF museum (Madrid)	Atleti territory / Tour Bernabeu
	SUN 30	Airport transfer	

EVERY DAY IN SCN ACADEMY: 9:00 a.m. Breakfast / 2:00 p.m. Lunch / 9:00 p.m. Dinner / 10:00 p.m. Night activity / 0:00 h. Rest

13. PROGRAMMING

SUMMER TOUR 2024



OPTION 3

From
July 1
to
July 14



WEEK	DAY	MORNING	AFTERNOON
1	MON 1	Pick up at the airport, group organization and planning at the academy	
	TUE 2	Tournament Ibercup Estoril	
	WED 3		
	THU 4		
	FRI 5		
	SAT 6		
	SUN 7		
2	MON 8	Video analysis / Psychologist	Technique / Gym
	TUE 9	Cultural visit to the city of Ponferrada	Rafting
	WED 10	Technique / Gym	MTB activity
	THU 11	Typical food from the Bierzo region	Quad adventure activity
	FRI 12	Technique / Gym	Video analysis / Psychologist
	SAT 13	Visit to the RFEF museum (Madrid)	Atleti territory / Tour Bernabeu
	SUN 14	Airport transfer	

EVERY DAY IN SCN ACADEMY: 9:00 a.m. Breakfast / 2:00 p.m. Lunch / 9:00 p.m. Dinner / 10:00 p.m. Night activity / 0:00 h. Rest

13. PROGRAMMING

SUMMER TOUR 2024



OPTION 4

From
July 15
to
July 28



WEEK	DAY	MORNING	AFTERNOON
1	MON 15	Pick up at the airport, group organization and planning at the academy	
	TUE 16	Video analysis / Psychologist	Technique / Gym
	WED 17	Cultural visit to Las Médulas	MTB activity
	THU 18	Technique / Gym	Cultural visit to the city of Ponferrada
	FRI 19	Tournament	
	SAT 20		
	SUN 21		
2	MON 22	Video analysis / Psychologist	Technique / Gym
	TUE 23	Canoes activity	Rafting
	WED 24	Technique / Gym	MTB activity
	THU 25	Typical food from the Bierzo region	Quad adventure activity
	FRI 26	Technique / Gym	Video analysis / Psychologist
	SAT 27	Visit to the RFEF museum (Madrid)	Atleti territory / Tour Bernabeu
	SUN 28	Airport transfer	

EVERY DAY IN SCN ACADEMY: 9:00 a.m. Breakfast / 2:00 p.m. Lunch / 9:00 p.m. Dinner / 10:00 p.m. Night activity / 0:00 h. Rest

14. DATES OF **SUMMER TOUR 2024**

MONTHS

JUNE

JULY

PERIODS

2 WEEKS

CHECK ANY OTHER DIFFERENT PERIOD OF TIME



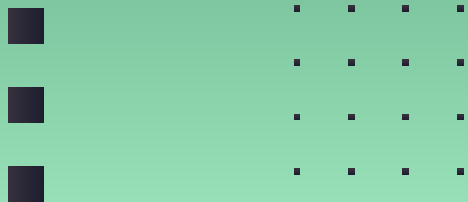
15. PRICES

You can enjoy your **SCN Summer Tour** with your team from...

...1795 €

(every player)

Free stay for 2 members of the coaching staff



AND INCLUDED

- Transfer from airport to SCN Academy (round trip).
- Accommodation on a full board basis.
- Use of SCN Academy facilities.
- Adidas equipment (pants and t-shirt).
- Transportation in cultural and sports activities.
- Video recording.
- Use of sports training material.
- Laundry service.
- Free bioimpedance analysis for each player.



16. OUR PARTNERS



17. CONTACT



JOSE MARÍA BARRIL AGUADO
(Inglés)

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Soccer player:

- 1999–2013 Real Madrid C. F.
- 2013–2014 Ontinyent C. F.
- 2014–2016 Harrisburg City Islanders
- 2017–2018 Oklahoma City Energy
- 2019–2020 Coruxo F. C.
- 2020– U. D. Sanse



CEO Sport Coach Norte

UEFA PRO Soccer Coach

DOCTOR in Physical Activity and Sports
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